



EMPOWERING WOMEN FOR A STRONGER FUTURE



The Kenya Economic Development Human Advancement Project (KEDHAP) is the development, peace-building, and relief arm of the Kenya Mennonite Church in the Diocese of Kisumu East. Thanks to YOUR support, KEDHAP has steadily grown and now serves thousands of participants through a wide range of programs in impoverished rural areas.

KEDHAP's primary work is in Female Empowerment, Education, Community Development, Health Education, Peace-making & Reconciliation, Food Security & Income Generation, and Leadership Development. KEDHAP endeavours to tackle harmful gender norms that continue to threaten the health and rights of adolescent girls.

Girls and women in Kenya hold unlimited potential but the barriers that constrain women are multifaceted. They have less access to and control over the benefits from land tenure, education, and employment opportunities. Their increased contributions are needed to help Kenya reach their development goals.

Less than **one third** of women in Kenya are empowered.

For married women, less than **a third** are considered empowered.

Women in **more educated** households in Kenya are more empowered.

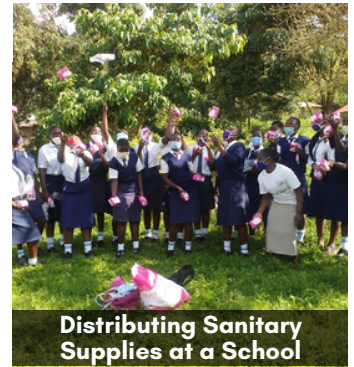
Source: UN Women (2020)
www.data.unwomen.org/women-count



The Kenya Women's Empowerment Index (WEI) shows that only **29 percent** of Kenyan women can participate equally and effectively in political, economic, and cultural life – their involvement largely depends on household circumstances.

Promoting Gender Equality

KEDHAP works towards improving health (and access to care) through various activities such as providing economically disadvantaged students (especially girls and orphans) with access to secondary education, providing deserving female students with sanitary supplies to allow them to attend school all month-long, supporting orphaned and vulnerable children, improving hygiene practices and education of such in schools, facilitating access to **Comprehensive Care Clinics (CCC)** for People Living With HIV/AIDS (PLWHAs), enabling access to information, enabling capacity-building for KEDHAP-affiliated groups, providing subsidized food and seeds to those in need, and providing alternative options for healthy food through the promotion of organic farming.



Distributing Sanitary Supplies at a School



Community-driven Solutions for Change



KEDHAP Foundation aims to:

- Create safe spaces for women and girls to live free from gender-based violence.
- Increase women's access to credit facilities and market opportunities.
- Increase the participation of women in decision and policy-making at all levels.
- Ensure women's participation in peace-building, conflict prevention, and mitigation.
- Narrow gender gaps in education, training, and employment.



KEDHAP is grateful for the feedback from the schools that received sanitary towels and underwear for their menstruating girls from. 5250 girls in 52 schools were provided with sanitary towels and underwear. Absenteeism among girls at the start of the year dropped to 105 in all 52 schools!



Supported by your donations, KEDHAP empowers girls and women by providing sanitary pads for girls in secondary school, enabling them to complete their education.

L: Talking to pupils of Kware Primary School before distributing sanitary towels, underwear, and face masks., **R:** Nyando Sec School girls performing role plays on healthy relationships.

Women Empowerment IMPACT UPDATES

| | Program | No. of Women |
|---|----------------------------------------------------|--------------|
| 1 | Food Support for adults with HIV/AIDS | 48 |
| 2 | Food Support for adolescents with HIV/AIDS | 162 |
| 3 | Girls provided with pads and underwear every month | 5250 |
| 4 | Adults attending training on peaceful elections | 123 |
| 5 | Women attending microfinance training | 175 |
| 6 | Secondary Students Sponsorships | 16 |
| 7 | Women provided with certified seeds | 325 |

- KEDHAP's provision of disposable sanitary towels and underwear to menstruating girls in Primary and Secondary schools, enables them to stay in school even during menses.
- Conducting health education sessions during sanitary towels and underwear provision, has led girls to have higher self-esteem and improved performance in academics, allowing them to compete fairly with boys .
- Staff attached to the female empowerment program are remunerated to impart skills to girls in secondary and primary schools and train women groups affiliated with KEDHAP.



L: Girls of a Secondary School in Muhoroni receive sanitary towels from KEDHAP.

R: God Abuoro Sec school girls thank donors for sanitary supplies.

We are proud to report that we have three girls out of 9 students under our sponsorship who attempted their KCSE exams. Despite the challenges of Covid, which led to many school dropouts, all our sponsored students could sit for their exams.



Gasira's Story: www.youtube.com/watch?v=ZOzX6K7GIVM

Funding Needs

- We are praying for funds to sponsor hygiene, food and other supporting activities. Give a gift or support KEDHAP monthly: www.impacthope.kindful.com/?campaign=1107787

Make a PayPal donation by scanning the QR code:



Impact Stories

- Education: Syprine's Story www.bit.ly/3C4eW9V • Hygiene Support: www.bit.ly/3w5z07Y
- Education: Evelyn's Story www.bit.ly/3dBtzUN • Farming/Microfinance: <https://bit.ly/3Pqeg1G>



HELPING GIRLS MOVE FROM DARKNESS TO LIGHT



Angela is a shy and friendly little fifth grader studying at the Oneno-nam Primary School, Kenya. Being an orphan, she struggled alone with the challenges of puberty. The sweet girl lacked proper guidance and the onset of her periods caused her great confusion and emotional trauma. She would resort to using strips of cloth and attempt to disguise her period stains with her sweater. Instead of menstruation becoming a normal bodily function, it hindered her from participating in activities like school or athletics. KEDHAP stepped in at this crucial phase in her life!

www.youtube.com/watch?v=U_mRdPgDJdw



Thank you for supporting Angela as she is empowered to stay in school.

<https://bit.ly/3dtc0JQ>



Carol is one of 13 students with a direct entry grade to university!

The efforts of KEDHAP Foundation have had an overwhelmingly positive impact on these girls and women. Girls are now realizing their potential and performing better than ever. Thanks to KEDHAP's efforts, these girls are now becoming role models to others in the community. If you would like to change the life of a girl like Angela TODAY, support KEDHAP foundation. With YOUR contribution, girls and women will be empowered to live healthy, productive lives and to push for further progress within their communities.

Donate Online: www.impacthope.ca/KEDHAP OR Mail A Cheque*: 201B - 727 WOOLWICH STREET GUELPH, ON NIH 3Z2 OR Interact e-Transfer to: bookkeeper@impacthope.ca *Please write out your donation to: KEDHAP