

IMPACT *hope*

SHAPING STRONGER COMMUNITIES

NEWSLETTER



DIRECTOR'S NOTE

"If you can't fly, then run, If you can't run, then walk, If you can't walk, then crawl, but whatever you do, you have to keep moving forward." - **Martin Luther King Jr.** The last few years have been challenging, but we are grateful. To be able to look back and see the mountains and molehills we have conquered on the way.

We have done so much together, but there is much more to do. We do what we can today, focus on tomorrow, and plan for the future.

"Poverty alleviation must be relation and participatory rather than transactional!" (Chalmers.org). We focus on addressing the root causes of problems and supporting sustainable solutions.



Brad Wilson

Through your generosity and prayers, hope continues to be given to many people in need. From all of us at ImpactHope, thank you for your continued support!

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A HOME FOR GOD'S CHILDREN

TAT'S KIDS | PUERTO MALDONADO, PERU

Scott and Tracy Blackburn are dedicated to caring for children who have experienced painful pasts, including sexual abuse, violent abuse, abandonment, and loss.

"Freedom comes in many forms... - A child freed from the bonds of trafficking or rescued from abandonment. Free from the burden of the bondage they suffered.."

It's been a season of babies at Tat's Kids the last few months! They have 1-year-old Josue and Betzabe, who came to them just ten days after birth.

They also cared for 1-day-old baby Jasmine, who was passed into the care of her grandparents. They were briefly blessed with 7-month-old twin boys Adriel and Dariel, their first twins - what a special treat! The twins were reunited with their dad several days later. 1.5-year-old sweet Mahdu can light up any room with her generous smiles and hugs. All recent babies came with a few challenges from parents struggling with addiction. The older children are doing well in school and recently had a big sports event during the school's anniversary. Your financial **support** and prayers encourage the Blackburns as they provide protection, education, spiritual guidance, and counsel in a loving environment.



The tears flow, the smiles shine, and we are thankful for these special moments that re-energize us.



Betzabe reunited with her grandmother Lyly



Scott & Tracy with Adriel & Dariel: Twins reunited with their dad



Milestones like birthdays are celebrated so children find healing and hope in their everyday lives.

To Support Tat's Place, visit:
www.impacthope.ca/tatsplace

Give the gift of hope to a vulnerable child today!

THE POWER OF EDUCATION & LEADERSHIP TRAINING

Schoolchildren worldwide, have lost an estimated 1.8 trillion hours – and counting – of in-person learning since the COVID-19 pandemic and subsequent lockdowns. At ImpactHope, we believe that **education** is a POWERFUL catalyst in breaking the cycle of poverty. Our main aim is to help children overcome poverty, so the community can help itself!

Leadership is critical to the success of the initiatives that address poverty and therefore, we carefully partner with projects and activities that help people move closer to flourishing. We seek to develop well-trained Christian community leaders who can make an impact on their communities, but are challenged by multiple factors such as a lack of resources, training, and family finances.

SHELTER OF HOPE ACADEMY (KENYA)

Our workers, Ishmael and Molline, began ministering in a slum in Nairobi by tutoring, educating, and feeding a few children and their early efforts produced a charity called Shelter of Hope. Following the inception of a school, they started the Shelter of Hope Academy (SOH) and other programs (a health clinic, agriculture, women empowerment – to name a few). In 2011, they created Vision Ministries Kenya, a network of over 40 churches focusing on church planting, pastoral training, and leadership development.

GREAT NEWS! SOH ACADEMY SCORES A RANK!

Shelter of Hope (SOH) academy in Kagan, Kenya, has done exceptionally well in the national exams this year! Kenya has grade 8 national exams every year. Shelter of Hope (SOH) academy in Kagan goes up to grade 8, and the school in Nairobi goes up to grade 7. The **grade 8 class ranked 2nd out of 210 schools** in Rangwe County (a sub-county of Homabay Country), where SOH academy is situated.

STUDENT SPONSORSHIPS: CHANGE A CHILD'S LIFE TODAY!



Hi! I'm Terry. Will you help me go to school?

We are happy to share that individual student sponsorships are now live! We have partnered with Shelter of Hope to identify primary school students who will benefit from long-term resources to cover medical needs, daily meals at school, and tuition costs.

Each child will be matched with a sponsor. This one-to-one connection is a powerful way to

demonstrate God's love as you pray for your child, write them letters and emails, and send photos to encourage them. Over time, you will see the impact of your donation on your child, their family, and their entire community. You will get to celebrate milestones with them, and you will ultimately change the course of their lives!

PRAYER POINTS FOR SOH

Students are passionate about learning but discouraged by the multitude of challenges that they have faced. We need your prayers for the new initiatives by SOH. Fundraising needs include:

- Pray for our candidates who are giving their national examinations in Dec 2022
- Sponsorship of 50 students in the Sponsorship Program
- Teachers' salaries and food for staff and students
- Completion of Kagan school infrastructure (8 classrooms and solar backup system)

To Support Students at Shelter of Hope, visit: www.impacthope.ca/shelterofhope

Your commitment of just \$38/month would mean that children from low-income families in Kenya can attend school!

STUDENT SPONSORSHIP PROGRAM

SPONSOR A CHILD CHANGE A LIFE

For as little as **\$38/month**, you could offer a brighter future for a child at Shelter of Hope, Kenya.

When you sponsor a child, you impact a whole community. In Kenya, Shelter of Hope (SOH) reaches out to children and youth who are orphans and vulnerable by providing spiritual nourishment, education, and income-generating activities to enable them to be independent.



Primary School Students will benefit from:

- Tuition fees
- Daily Meals
- Medical Support
- One-to-One connection with Sponsor

Sponsor a child or a classroom. Over time, you will see the impact of your donation on the child/children, their families, and their entire community.

YOU will ultimately change the course of their lives!

We are excited for our new Student Sponsorship Program!
www.impacthope.ca/sponsor-a-student

EDUCATION IN FORT JACQUES (HAITI)

Education is a privilege in Haiti. Over 75% of the provinces' children who live away from cities or villages do not go to school. Many 'buildings' are made of banana leaves or dried palm leaves. Haiti faces both supply and demand challenges in education. Haiti is in the middle of a political uproar with no security as gangs exert control. ImpactHope supports the construction of a school – an actual building made of cement with genuine windows and doors!

The community of Fort Jacques also has a small church that is part of the school. The small school is located at a 4500-foot level and away from the city-centered gangs. (Contd on pg 3.)

In Haiti, birthdays are seldom celebrated among those who have little money. Many unschooled adults aren't even sure about their actual birth dates. Little Loukensly celebrated his special day in a big way at school! - "I am Loukensly! I had never had a birthday party before attending this little school. A nice lady made some cupcakes with icing for the whole school. I had never eaten a cupcake before, and the icing was so very yummy! The students and teachers sang "Bon Fet! Loukensly!" for me! It was such a happy day for me. I am thankful to my sponsors who support me to go to school."



*Thank You
for giving
Loukensly a
sweet birthday
in Haiti!*

FORT JACQUES CONT'D (HAITI)

BRING HOPE TO HAITI, BRICK BY BRICK

Marie Estelle and her husband, Pastor Clermont, work in the community of Fort Jacques. Their vision is to build a sustainable community through agriculture, education, and spiritual development.



A hot meal at school.

Ann Farquarson is our representative in Haiti who works with Marie Estelle. The urgent need of the hour is to complete the construction of the school. They need YOUR help to complete this project.

WHAT ARE THE NEEDS?

You can support this project in the following ways through one-time or recurrent donations:



- **Purchase Books for the classrooms** – \$10/3 books
- **Sponsor a Student** – At the cost of \$35/month, change the life of a child forever!
- **Sponsor a teacher** – Support a teacher at \$150/month

To Support Fort Jacques, visit:
www.impacthope.ca/haiti

Support a grade 1-3 student or their teacher!



SERVING THE LITTLE ONES IN CUBA

CAMAGUEY



The food support and kids' program in Camaguey, worked to support 10 children from low-income families, by providing food and guidance every month.

PALMA SORIANO



Around 94 children attended a program held in January. The children worshipped, prayed together, and gathered to enjoy a hearty meal.

(Contd on pg 7..)

Thanks to YOU, ImpactHope has been able to work with our partners to reach and impact kids in several places such as Palma Soriano, Holguin and Camaguey in Cuba.

Bless a Child

www.impacthope.ca/caribbean

PRAY FOR CUBA



In July, thousands of Cubans took to the streets in landmark demonstrations protesting long-standing restrictions on rights, and scarcity of food and medicines. Homes are running for almost 12 hours without electricity daily. There's a severe shortage of food, medicines and hygiene items. Pray for peace, healing and restoration!

THE GRACE PROJECT INTERNATIONAL

THE GRACE INSTITUTE ZAMBIA | LUSAKA, ZAMBIA

The Grace Project International (TGPI) is focused on training pastors, who are called to serve but encounter educational and financial challenges which prevent them from attending established Bible colleges and seminaries.

FAITH IN ACTION



Everisto was the most impressive School Partner at The Grace Institute Zambia (TGIZ) last quarter. He started his Satellite School in February and recruited the highest number of students. He has a total of nine first-year students. Eight of them were able to pay in full before the payment deadline. Another student, Paul, struggled to pay his full registration fee of K500. Paul's classmates generously pooled their money to pay his full registration fee! What an amazing display of brotherly love and support!



L: Isaac setting up the solar lamps in Chazanga Satellite School.



R: Students of N'gombe Satellite School study under two solar lamps.

TGIZ currently has students who are legitimately struggling to pay their student fees.

Everisto has been travelling a long distance to get to his satellite school. He is dedicated to ensuring his students have a tutor present all the time. When he couldn't afford the bus,

he would walk for over an hour to get to class. We are happy to report that he was gifted a bicycle!



SOLAR LIGHT FUNDRAISER

Prolonged power-cuts force students to study under unreliable makeshift lights.

Our solution was to purchase at least seven solar-powered lights and seven rechargeable lights worth \$1750 that would be charged during the day and ultimately used during classes. Thanks to your generous gifts, you have helped us achieve our campaign target for energy solutions in 2022!

TRAINING THE LEADERS OF CHANGE

- The Grace Institute Zambia has moved to a new office!
- Chazanga Satellite School received two solar lamps that adequately light up the room for both first and second-year students. The building they are meeting is not connected to the national power supply. In addition, the Garden Satellite School under Laston received two smaller lamps to assist them when power cuts in their classroom.
- TGIZ has recorded a total of 20 first-year students in 5 schools. This brings the total number of students to 42!
- Over 70 students are enrolled for the upcoming term in various satellite schools.

To Support Pastors In Training,
visit: www.impacthope.ca/thegraceprojectinternational
Education and ministry training that is accessible and transformational.

THE HEALING TOUCH OF HEALTH CARE

Poverty is both a cause and a consequence of poor health. Poverty increases the chances of poor health and poor health traps communities in poverty. ImpactHope is committed to finding long-term solutions to impact the health of those living in poverty.

LET'S COMPLETE THE 1ST FLOOR OF THE HOSPITAL!

Metal doors have been installed in the labs, and the dental clinic has been set up. Thanks to your generous gifts, a heavy-duty generator has been purchased and installed! The next phase entails the **purchase of an x-ray machine** and other construction needs, totalling up to **\$180,000 CDN**.



HELP BUY AN
X-RAY
MACHINE FOR
THE HOSPITAL!

To Help Purchase Equipment:

www.impacthope.kindful.com/?campaign=1151441

HOSPITAL TOUR VIDEO: Dr Juan Pablo and Carolina will take you on a tour of the new hospital building that is being built: bit.ly/3CFq3XF

A HOSPITAL TO HELP & HEAL (NEBAJ)

Dr. Juan Pablo, Carolina, and their medical team continue to provide quality healthcare to the community of Nebaj. With the help of teams and the support of our donors, the pouring of cement on the first and second floors of the new hospital **Servicios Medicos Vida y Esperanza** was finished by the end of February 2020, and the first floor of the hospital started taking shape by the end of 2020. We need your help to complete the building!

EMPOWERING THE COMMUNITY

Helping people, sharing their hopes and pain, and seeing them recover: this is a way of life for Miguel Brito. Miguel is one of the clinical laboratory technicians at the Servicios Medicos Vida y Esperanza, a hospital in Nebaj, Guatemala. In addition to the hospital, the Nebaj ministry has a church, a hospital lab, and two auxiliary nursing schools. Several years ago, Miguel took a diploma course in a Bible Institute associated with hospital ministry.

Ministry workers encouraged him to enter the medical field and he studied to become a nursing assistant at the hospital's nursing school. Miguel's hard work and dedication paid off, and he was hired as a nursing assistant in the ultrasound department. He continued his studies to become a laboratory technician and passed with flying colours!



To Donate, visit: www.impacthope.ca/nebaj

Provide quality healthcare for children and families in Nebaj.

Thanks to your generosity, the hospital has been enabled to train hundreds of bright students like Miguel!

MATERNAL CARE & CHILD BIRTH (OAXACA, MEXICO)



Thanks to you, the Staff at Casa celebrated their **11th Anniversary** on Feb 11th this year! They recognized eleven years of serving, ministering, and building the lives of dozens of families and babies.



Staff photo at Casa Compasiva with Dan & Adria

Leaving women in the dark about their birth care can be a frightening and alienating experience. Casa Compasiva (Compassion House), a Christian Birthing and Midwifery Training center, was born to provide a caring alternative to the unacceptable birthing options in Oaxaca, Mexico.

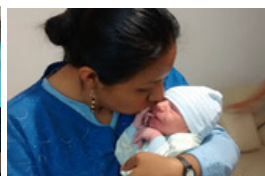
A HOME OF COMPASSION & PEACE FOR EXPECTING FAMILIES

It supports child-bearing women with quality care and the dignity that God bestows on women. Historically, Casa has had 50% of the births at the facility and a 50% transfer to the hospital during labour. In 2021, 86% of births were at Casa Compasiva, and only 14% were transferred to the hospital.

Facilities like Casa Compasiva need emergency transport for referrals, essential drugs, supplies, equipment, and infrastructure, especially physical spaces that are safe and hygienic. Aside from day-to-day expenses like utilities, admin supplies, medical supplies, vehicle maintenance, etc., the Casa is seeking funding for two travel and training programs.



Prenatal attention, exercise, nutrition, and relevant information help expecting couples make informed decisions regarding the birth and care of the baby.



Mothers who deliver their babies into unhygienic settings face the grave danger of infections. Casa urgently needs an **Autoclave**, a sterilization machine for devices and tools used during appointments and births.

You can help us reach the goal of \$2000 for the Autoclave!

<https://impacthope.kindful.com/?campaign=1182646>



The staff has accompanied many women in their labour and deliveries, offering emotional and spiritual support every hour and in every uterine contraction with comfort measures, words of affirmation, and prayer. Your gift will rescue vulnerable mothers from abuse, racism, and disrespectful healthcare.

To Support Expecting Mothers,
visit: www.impacthope.ca/casa-compasiva
Supporting families throughout pregnancy, with God's love.



KEDHAP'S HIV/AIDS PROGRAM (KENYA)

The Kenya Economic Development Human Advancement Project (KEDHAP) is the development, peace-building, and relief arm of the Kenya Mennonite Church in the Diocese of Kisumu East. Thanks to YOUR support, KEDHAP has steadily grown and now serves thousands of participants through a wide range of programs in impoverished rural areas.



Food support at Ogen Comprehensive Care Clinic

'Operation Triple Zero'

Aim: Empower adolescents with HIV to take control of their health

- All enlisted 313 adolescents attended their scheduled clinic appointments every month.
- Self-reported adherence has improved significantly, leading to viral load suppression over time.
- 298 adolescents reported zero viral load during their last clinic appointment in Feb '22.

KEDHAP's primary work is in Female Empowerment, Education, Community Development, Health Education, Peace-making & Reconciliation, Food Security & Income Generation, and Leadership Development. A noteworthy project is KEDHAP's assistance to **People living with HIV and AIDS (PLWHA)**, wherein KEDHAP provides food for those unable to work or grow food, and seeds and other materials for those who can grow their own food. The PLWHA program has been community-driven from its inception in 2000.

By talking openly about the effects of HIV/AIDS on families, creating awareness, and supporting those who have declared their status, KEDHAP has helped **reduce the stigma of the disease** and encourage responsible behavior.



More about KEDHAP's work with PLWHAs:
Blog: www.bit.ly/3wrXZml

LIVING AN ENABLED LIFE: BERNARD'S STORY



Joel (on the right), his mother (on the left) and two siblings.

13-year-old Bernard Otieno is a physically and mentally disabled boy living with HIV who is currently only in grade 1. Her mother abandoned him, leaving him with his grandmother, who has cared for him since he was seven months old. She discovered his condition when he was taken for a consultation, and he was immediately put on ARVs at Tamu CCC. Bernard's grandfather is also physically and mentally challenged due to a stroke he suffered long ago. Bernard's grandmother is the breadwinner of a family of seven. She is a casual laborer who works on people's farms to support her large family. Despite all these challenges, her disposition is one of hope! She says, "The money from KEDHAP has helped me arrange for transport one way, from the clinic to my home. KEDHAP has been of great help to my family because it is often not easy to put food on the table."

To Support KEDHAP's HIV/AIDS Efforts, visit: www.impacthope.ca/kedhap

Providing support and resources to those like Bernard living with HIV/AIDS, giving them an opportunity at life.

CORPORATE SPONSORSHIP

ImpactHope is a growing charity that does grassroots community development work by empowering local leaders to address key problems with their solutions. We are looking for businesses looking to use their business assets for good - whether donating, fundraising, employee team-building trips, or sharing skills.

We are thrilled to share that we have partnered with The Truth Merchandise Inc., a faith-based brand that sells modern streetwear merchandise.

A portion of their sales is donated to ImpactHope and we are honoured to be associated with a faith-based brand!

THE
TRUTH
MERCHANDISE INC.



View their merchandise on their website or social handles:
www.thetruthmerch.com | [ettmerchandise](https://www.instagram.com/ettmerchandise)

To discuss the opportunity of a personalized partnership, visit: www.impacthope.ca/corporate-sponsorships

Meet your business needs while addressing global issues.

MISSION TRIPS

We have different types of serve trips to suit all who wish to GO and SERVE overseas, ranging anywhere from 1 to 2 weeks to 2+ years! We also have an Engagement Internship Program where students/individuals can apply to serve overseas by themselves to get involved and participate in outreach initiatives they are interested in.

Ed has been to Guatemala 13 times since 2006 to do volunteer work. The most impactful part of these trips is the home visits with local families.

Watch Ed's testimony here:
www.youtube.com/watch?v=srJ3jqC6w00



We are planning a series of mission trips to Guatemala, Nairobi, and Cuba in 2023. For more info, go to www.impacthope.ca/openteams

HELPING THE MOST VULNERABLE

At ImpactHope, we want to help and support the most vulnerable and marginalized groups in society, bringing them the love and good news of Jesus. The vulnerable include abandoned and orphaned children, seniors and migrant workers. We want to create safe places for children to heal, learn, and grow!

HOGAR GENESIS: A CHILDREN'S HOME



@MCKIDSANDFAMILY



@MCKIDSANDFAMILY



WWW.IMPACTHOPE.CA/IQUITOS

Partnering with Rodolfo and Saraïd, ImpactHope supports a Children's Home called Hogar Genesis for abandoned, neglected, or rescued children in Iquitos, Peru. The Hogar Genesis family now has 7 lovely kids! What an amazing journey we have had – watching, waiting, and praying to finally see the fruits of our labour! The vision was to build a home that will love and care for children who have been abandoned, neglected, or trafficked. This dream is now a reality! The home welcomed baby J along with her 16-year-old mother first and is now home to seven kids. Over the years, Rodo and Saraïd have forged strong relationships with the most vulnerable in the city as they bring the light of the gospel to many dark places through street ministry, drug hole ministry, and children's programs.

EVERY CHILD IS PRECIOUS



Maria is a precious addition to the home.

Maria is a beautiful one-month-old baby girl who arrived at Hogar Genesis last June. Her parents are drug addicts and have HIV. Sadly, baby Maria has HIV too. Our partners Rodolfo and Saraïd and the seven children in this home are now Maria's family. We need your constant prayers for this precious little one, who suffers from related health complications. The nights are long and trying for her caretakers, and she currently suffers from bleeding in her ears. Our prayers can accomplish so much, so we ask that you keep the home in your requests.

The kids love celebrating milestones and enjoy going to church and parks together. Rodolfo and his team teach, organize activities, and share the love of Christ with children in Belen every week.

THE EXCITEMENT IS GREAT, THE NEED IS GREATER!

We need YOUR help to give them a safe and loving home where they can **heal, learn and grow together**. The home still needs \$5,000 for monthly operational expenses. Your donation will go directly towards Hogar Genesis' monthly need of \$8,000, which includes the children's healthcare, counselling services, education, nutritious meals, staff at the home, and all other expenses.

To Support Hogar Genesis, visit: www.impacthope.ca/iquitos

Your contribution, however big or small, can change the lives of children like Maria, giving them the gift of hope for a better future!

LIVELIHOOD PROJECTS: MALAWI



Women Livelihood Upliftment Initiatives

SUSTAINABLE SELF-HELP PROJECTS

We are partnering with Pastor Moses in Dedza Malawi to support an Empowerment Project, which supports 110 widows and women in poverty.

With your donations, we have established new women's development groups in the Chikwawa district. Ten female **goats** have been purchased for ten widows to rear and multiply. Goat meat is sold and eaten, improving their economic and nutritional status.

Aside from Women Livelihood Upliftment Initiatives in Malawi (WLUIM), other initiatives include **Widows** Livelihood Upliftment, Education for **Girls and Orphans**, Church Planting, Indigenous Bible School, Pastoral Support, and Christian Training Ministries.

EDUCATION FOR GIRLS AND POOR ORPHANS PROJECT (EGPOP)



Ellena is an orphaned girl rescued from a forced and early marriage to her uncle. She has now returned to school in grade 1. YOUR donations are supporting her with learning materials, school fees and basic needs every term. 13 more such girls and orphans are ready to return to school next term.



Ezekiel, Precious and Daniel are three orphaned boys who dropped out of school for a year for lack of fees and other materials. Thanks to YOUR support, they have been mobilized to return to school.



Community-based Goat Breeding Program:
www.youtube.com/watch?v=6KlyojzIRE

To Support the Ministry in Malawi, visit: www.impacthope.ca/malawi

At just **50\$**, one girl or orphan can be sponsored for one school term!

FOOD SECURITY & ACCESS TO CLEAN WATER

Good nutrition and safe drinking water are fundamental to the health and dignity of all. Without sustainable food and clean water, families and communities will continue to struggle in poverty. The availability of healthy food and clean water brings better health, hygiene, and sanitation. As a result, the community can flourish and a reliable source of clean water can allow for the planning of agricultural initiatives.

KENYA WATER WELL

A woman dancing and praising the Lord by the well right after water was found!



Read our blog to see pictures and videos:
www.bit.ly/3PMEpII

Sustainability is Key

It is imperative that such water points are built in consultation with the local community, to ensure that they can maintain it over the next couple of years. Test results after drilling show that the water is drinkable and very clean. The results were extremely positive!

In addition to adequate testing, another requirement is for the stakeholders to have a committee to decide a fee for usage. This money will be reserved for repairs in the future.



ImpactHope is working in partnership with Vision Ministries Kenya (VMK), a network of 50 growing churches. Most of the families in these churches are extremely poor. We have targeted two areas to improve not only the sustainability of VMK but also increase the economics of communities.

In 2019, ImpactHope committed to drilling a well in the Olkesumet Prayer Response Center. The first drill attempt was unsuccessful, but we didn't give up! The Maasai people had been praying for water for many years. They were very discouraged when the first attempt at drilling failed. At the second attempt this year, a bountiful supply of clean, fresh water was located at a depth of 300m! There is a large quantity of water, and it will impact over **500 people in a 5 km area**. As the project progresses, it could **potentially impact 2500 to 3000 people**, which does not even include livestock.

HELP US IMPLEMENT LONG-TERM SOLUTIONS!

We are praying for **\$26,000 CAD** to move this project to **Phase 3!** This phase will focus on long-term agricultural solutions in the hope that improvements in agricultural productivity will create social and economic ripple effects. This would include fencing, clearing the land, cultivation, procuring seeds, fertilizer, and tools, and building a storage house.

To Donate to the Water Well, visit: www.impacthope.ca/water
Let's continue to pour out blessings on this community!



FEED A HUNGRY NATION - CUBA

"It is not that there is no food. The problem in Cuba is that there is not enough money."

There is another side to Cuba. Cuba is known for its resorts, beaches, and relaxation for tourists. Still, when you turn the page from those exotic resorts, a major catastrophe is developing – a nation and its people are hungry! An estimated figure claims that 85% of the people in a particular region eat only one meal daily.



Food bags delivered to the community.

WHAT ARE THE ACTUAL COSTS OF FOOD, YOU MIGHT ASK?

ITEM	COST BEFORE COVID	COST POST-COVID	X INCREASE
1 lb of pork	\$1.39	\$13.89	9.99 times
1 lb of chicken	\$1.39	\$10.56	7.60 times
1 lb of rice	\$0.22	\$2.78	12.64 times
1 lb of tomatoes	\$0.28	\$5.55	19.82 times
1 lb of beans	\$0.83	\$7.22	8.70 times

While these prices are very similar to ours, if not slightly higher, you must remember that the average Cuban is living on \$135 Canadian per MONTH!! **The crisis is REAL when a single egg can cost more than \$3.00 CAD.** We cannot let this happen to our brothers and sisters in Cuba and stand idly by. We cannot live in the lap of luxury and expect our voices to be heard on high.

HOW CAN WE RESPOND TO THESE NEEDS?



ImpactHope seeks to raise **\$10,000** in additional funding until the end of the year, specifically for food for the Cubans. Food will then be distributed to Pastors, seniors, and families with children.

PRAY FOR CUBA

Your continued support will give hope to people. Our partners in Cuba are on the front-line working hard and intensively, bringing hope and life-saving supplies to those in need. Go to www.impacthope.kindful.com/?campaign=1194719 to support this effort OR send your cheque to the office with a note 'FOOD FOR CUBA'.



To Support Our Dedicated Partners in Cuba, visit: www.impacthope.ca/caribbean

5,250

girls received sanitary towels between January and August 2022 through KEDHAP

16

175

325

girls sponsored by KEDHAP

women attended microfinance training

Women provided with certified seeds

KEDHAP Foundation uses an open, merit-based process to award scholarships to bright, talented girls. Out of the 16 sponsored girls, 4 will be sitting for their Kenya Certificate of Secondary Education (KCSE) exam at the end of 2022. The scholarship targets girls from impoverished backgrounds who are orphans or vulnerable and in need.

Their Future = YOUR Future!

Flora, one of the best students in her school, is looking at a future of hope & opportunity thanks to YOU!

WOMEN EMPOWERMENT

ImpactHope seeks to address issues of gender equality and it is our goal to support and develop programs that address gender-based violence, access to quality healthcare for women, equal access to quality education for girls, child marriage, as well as skills training, and business opportunities for women!

We are partnering with projects to empower girls and women such as providing **sanitary pads** for girls through secondary school, enabling them to complete their **education**, and giving them the opportunity to pursue future studies. We also support **microfinancing** projects, sewing initiatives, and support groups for both women and girls.

KEEPING GIRLS IN SCHOOL (KENYA)



Carol (L) and the girls at this Muhoroni Secondary School (R) are so happy and grateful to receive sanitary pads from KEDHAP.

The main goal of KEDHAP's Female Empowerment Ministry is to empower widows, orphans, and other vulnerable people through avenues such as education. Conducting **health education sessions** during sanitary towels and underwear provision, has enabled girls to have higher self esteem and improved performance in academics, allowing them to compete fairly with boys.

EMPOWERING FEMALE FARMERS



Read our blog, see pictures and videos:
Blog: www.bit.ly/3Cuu0y0



In Songhor, Kenya, impoverished women are beginning to earn an income, grow food crops, develop new skills, and start collective savings thanks to KEDHAP's Female empowerment program benefitting approximately **700 women** in Muhoroni and Tinderet Sub counties.

Carol is one of the two girls among 13 students with a direct entry grade to the University! A 2021 KCSE graduate from a Secondary School, Carol had to navigate many challenges as a girl living in the slums of Muhoroni. Carol's parents struggled to send her to school and could not afford Carol's hygiene requirements. Carol had to stay home during her menses for fear of soiling her skirt. She feared the shame and embarrassment she saw fellow girls go through during menses in school.

"In my case, I was fortunate to have supportive parents who have constantly reminded me that I was capable despite us living in the slums. My mother is a housewife who washes clothes for low pay, while my father works as a tout in the bus park. We are a family of six children, and I am the only one who has gone to Secondary school. I knew the only way to break the poverty chain was by working hard and excelling in my education. When I got admission into my school, this was my sole purpose - to excel despite all the challenges." - Carol

KEDHAP stepped in at the opportune time and supported the girls in her school with sanitary towels, underwear, and girls' health talks. Carol could attend classes regularly and did not miss any lessons because of her monthly periods. KEDHAP further encouraged Carol through discussions on how to overcome some of the challenges faced by the girls and gave her tips to improve her performance in class!

To Support Girls like Carol,
visit: www.impacthope.ca/kedhap

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LET'S STAY CONNECTED!



If you'd like more information about the ministry of ImpactHope, please reach out to us. We invite you to join our **'Prayer Points' e-mail group**. These prayers requests will be focused on our partners, their needs, and other areas that need your intercession!

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