



# UPDATES FROM CASA COMPASIVA

## OAXACA, MEXICO

### WALKING WITH FAMILIES IN LOVE AND DIGNITY



Casa Compasiva continues to be a place of hope for mothers and families in Oaxaca—offering compassionate, respectful care during one of the most important moments of their lives.

As 2025 came to a close, the team witnessed encouraging growth. More women than ever before sought out Casa Compasiva for a different kind of birth experience—one rooted in dignity, trust, and compassionate care. This increase represents far more than numbers; it reflects growing confidence in a model of care that honours both mother and child.

### GROWING THROUGH EDUCATION AND SUPPORT



With this increase, Casa Compasiva expanded its prenatal classes, creating space for more families to prepare for birth with confidence. These classes provide education, encouragement, and practical tools—helping parents move from fear to strength.

One couple, Saira and Rohel, came to Casa unsure if a natural birth was even possible due to concerns about age. Through the prenatal course and the care of the team, they discovered a new confidence. Their journey is a reminder that when families are supported with knowledge and compassion, fear can be transformed into courage.



*Prenatal classes at Casa Compasiva are helping parents prepare for birth with confidence—turning fear into strength through education, encouragement, and compassionate support.*

## CASA COMPASIVA - OAXACA, MEXICO

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SHAPING STRONGER COMMUNITIES

### A SHARED VISION ACROSS BORDERS



This year also brought a meaningful exchange of knowledge and encouragement. Midwives from Denmark and Germany visited Casa Compasiva to learn from the team and share their own experiences. Together, they explored practices rooted in respect for women and birth—such as the use of the rebozo during labour and traditional herbal baths that bring comfort and connection.



Casa Compasiva also had the opportunity to share its model of care within the public health system, leading a workshop at the Hospital General Aurelio Valdivieso for medical residents and gynecologists. This was an important step in building bridges—bringing compassionate, patient-centered care into broader medical spaces.



### FACING CHALLENGES WITH FAITH



Despite this growth, Casa Compasiva is navigating a significant challenge. Government regulations have removed their ability to issue birth certificates, requiring births to be certified through approved clinics or hospitals. As a result, the team has had to adapt by partnering with a nearby clinic to continue serving mothers. This situation creates added complexity and potential cost for families, but the team remains steadfast in their mission.

In the midst of this uncertainty, there have been moments of encouragement. Recently, Casa Compasiva was able to attend a birth in their own facility—and unexpectedly, the birth certificate was approved without issue. For the team, this was a powerful reminder that even when the path is unclear, God continues to open doors.

### JOIN US TO BLESS FAMILIES IN OAXACA



As more families continue seeking compassionate care at Casa Compasiva, the need for support continues to grow. Your generosity helps make prenatal classes, consultations, birth support, transportation assistance, and compassionate care possible for mothers who may have nowhere else to turn.



- CAD donors: [Online](#) or mail\* to P.O. Box 211 Stn Main, Guelph, ON N1H 6J9. You can also also set up a monthly automatic withdrawal online.
- US Donations: [Online](#) or mail\* to ImpactHope, P.O. Box 702558 Tulsa, OK 74170-2558

\*Please designate your donation to 'Casa Compasiva'.

Donate Online: <https://impacthope.ca/casa-compasiva> in CAD or USD

Spending of funds is confined to approved programs and projects. If any given need has been met or cannot be completed, the understanding is that the gift will then be used where it is most needed or where another opportunity of similar nature exists.